

# Stillness

Dragonfly's nature flits from stillness  
changing directions on each quest  
obscure blur, endless hurry  
never allowed to rest



But see the brilliance thru the stillness  
sunlight now glinting off your wings  
effulgence of the Seer  
shining radiance brings

There's a perspective now to stillness  
a different outlook, point of view  
when all the darting ceases  
eternal truth comes thru

Feel the magnificence in stillness  
a kind of splendor all its own  
the pausing of just being  
wherein the truth is known

*by Swami Navagrahananda*

