

## A PERSONAL RITUAL FOR THE DEPARTED

You truly have great capacity to bless those who have departed from their life on the earth plane. This ritual is one way to focus your mind and send your blessings to a soul who has departed.

The ritual is to be performed internally upon hearing that a soul has finished an incarnation.

The ritual is usually done silently when you are alone.

However, you may choose to share the ritual with others, leading the group through the ritual, as they focus internally with their eyes closed. Only lead a group when you have practiced the ritual a number of times and are comfortable performing it.

### Ritual Proper

- ❖ Sit quietly with your spine erect. Close your eyes and focus your attention at the Ajna Chakra, the Sun Center, the point between the eyes.
- ❖ Call upon the Powers that Be in your own tradition. This may be Nature, your chosen form of the Divine, or that which you call God by any of the ten thousand names.
- ❖ See a spiritual altar in your mind's eye.
- ❖ Draw up the image of the departed in your mind's eye. If you have never seen the face of the departed, mentally write their name in white lights slightly above the altar.
- ❖ Upon the altar mentally place a lit white candle, a goblet of water, a piece of food, a gold coin, the letter "A", and a book of wisdom.
- ❖ Breathe your breath upon these mental symbols.
- ❖ Softly speak the name of the departed aloud three times and offer your breath to the soul by saying, "I give you these offerings to enliven your consciousness."
- ❖ Offer the candle softly saying, "I give you this candle that your way may be lit."
- ❖ Offer the water as you softly say, "I give you this water that your thirst may be quenched."
- ❖ Offer the food as you softly say, "I give you this food to remove your hunger."



- ❖ Offer them the gold coin as you softly say, “I give you this gold coin to fulfill your needs.”
- ❖ Offer the letter “A” as you softly say, “I give you this letter to allow you to communicate.”
- ❖ Offer the book of wisdom as you softly say, “I give you this book of wisdom so your mind will unfold in wisdom.”
- ❖ Finally offer them your own symbol and say what you feel needs to be said.

This is a good time to remember the good deeds and goodness of the departed. You may wish to thank them for their goodness. Remind them of something good which they have done for you.

If you have not met them prior to this ritual, remind them of their goodness by simply calling their name and saying, “Remember your good deeds. Remember your good deeds. Remember your past Good deeds.”

Use the descending Vasudeva mantra to heal the bodies of the soul and remove any negative forces. Do this by descending the mantra with rings of light down over the departed, washing their bodies clean of all negativity, confusion, guilt, sorrow, or fear.

(If you are not familiar with the mantra simply call upon your chosen form of the Divine and ask that they heal the bodies of the soul. As you do this, see the rings of light pour down upon them. Note: Bodies refers to the astral and causal bodies of the departed soul.)

- ❖ Now lift the person up to re-meet those souls who have brought them joy or wisdom, so their life evolution can continue.
- ❖ Then bring the soul before his/her Ishta-Devata (or your Ishta-Devata) saying, “O Ishta, have compassion upon this soul. Free this soul. Bring them joy and wisdom.” Note: Ishta Devata is your chosen form of the Divine.

Take the soul to the Hall of Wishes, allowing the soul to rest, dream, and prepare for a new incarnation.

Complete the ritual by saying, “I have done what I can do. I leave the rest to Lord and Lineage. I leave the rest to God and Guru.”

